

Terms and Conditions

1. Introduction

These General Terms and Conditions ('Terms') govern the use of services, digital content, and coaching provided by Milprep, a private limited company established under Belgian law with its registered office at

GROENENDAAL

LAAN 13 0103, 8400 OOSTENDE

Registered in the KBO under number **BE1011717423**.

By accessing or using our services, you agree to be bound by these Terms.

2. Services Offered

Milprep offers physical training programs, mental coaching, nutrition guidance, and digital education content related to preparation for military careers. All services are intended for general information and fitness purposes and do not replace official training or medical advice.

Milprep is an independent private company and is not affiliated with, endorsed by, or officially recognized by the Belgian Ministry of Defence or the Belgian Armed Forces. All content, training programs, and services provided by Milprep are designed solely for general educational and preparatory purposes. Participation in Milprep programs does not guarantee selection, admission, or success within any official military recruitment or training process.

3. Medical Disclaimer

Milprep is not a medical institution. Our services do not constitute medical, psychological, or diagnostic advice. Always consult a licensed physician before beginning any fitness, nutrition, or mental training program. Users follow our programs voluntarily and at their own risk.

4. Client Responsibilities

Clients are responsible for ensuring that they are medically fit to participate in training or coaching sessions. Clients must provide accurate personal information and follow all safety guidelines.

5. Intellectual Property

All content provided by Milprep, including videos, documents, programs, and branding, is the intellectual property of Milprep. Clients are not permitted to copy, distribute, resell, or publicly display this content without written permission.

6. Liability and Indemnification

Milprep is not liable for any injury, illness, loss, or damage resulting from the use of our services. Clients agree to indemnify and hold Milprep and its personnel harmless from any claims arising from their use of our services.

7. Data Protection (GDPR)

Milprep collects and processes personal data in accordance with the General Data Protection Regulation (GDPR). Clients have the right to access, correct, or delete their data. Full details are available in our Privacy Policy.

8. Payments and Refunds

Clients must pay all applicable fees prior to accessing paid services. Refunds are granted only under specific conditions, as outlined at the time of purchase. No refunds will be issued for services already delivered or digital downloads accessed.

9. Right of Withdrawal (Consumers)

In accordance with EU consumer protection laws, clients may withdraw from a purchase within 14 days if the service has not yet begun. This right does not apply to digital downloads or services already initiated.

10. Modifications to Services or Terms

Milprep reserves the right to modify or discontinue services and to amend these Terms at any time. Clients will be notified of significant changes. Continued use of our services implies acceptance of the updated Terms.

11. Governing Law and Dispute Resolution

These Terms are governed by Belgian law. Any disputes shall be submitted to the competent courts of Belgium, after an attempt at amicable settlement or mediation.

12. Contact Information

For any questions about these Terms or your rights as a user, you may contact us at:

Milprep

Email: comms@milprep.eu

Address:

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